# HIGH UTILITY BILLS? STUFFY ROOMS? DUSTY HOUSE?

# IT COULD BE YOUR DUCTS.

### WORKING WITH A CONTRACTOR

Many homeowners choose to hire a professional contractor for duct improvement projects. Most heating and cooling equipment contractors also repair ductwork. Look for a contractor that will:

- Inspect the whole duct system, including the attic, crawlspace, garage and basement as needed.
- Evaluate the system's supply and return air balance. Many systems have air return ducts that are too small.
- Repair damaged and disconnected ducts and straighten out flexible ducts that are tangled or crushed.
- Seal all leaks and connections with mastic, metal tape, or an aerosol-based sealant.
- Seal all registers and grills tightly to the ducts.
- Insulate ducts in unconditioned areas with duct insulation that carries an R-value of 6 or higher.
- Include a new filter as part of any duct system improvement.
- Evaluate air flow after repairs are completed.
- Ensure there is no backdrafting of gas or oil-burning appliances, and conduct a combustion safety test after ducts are sealed.

A duct system that is properly sealed and insulated can make your home more comfortable, energy efficient, and safer. Making improvements to your duct system can:

#### **Improve Comfort**

Sealing and insulating ducts can help with common comfort problems, such as rooms that are too hot in the summer or too cold in the winter.

#### **Enhance Indoor Air Quality**

Fumes from household and garden chemicals, insulation particles, and dust can enter your duct system, aggravating asthma and allergy problems. Sealing ducts can help improve indoor air quality by reducing the risk of pollutants entering ducts and circulating through your home.

#### **Promote Safety**

During normal operation, gas appliances such as water heaters, clothes dryers, and furnaces release combustion gases (like carbon monoxide) through their venting systems. Leaky ductwork in your heating and cooling system may cause "backdrafting," where these gases are drawn back into the living space, rather than expelled to the outdoors. Sealing leaks can reduce this risk.

#### Save Money

Leaky ducts can reduce heating and cooling system efficiency by as much as 20 percent. Sealing and insulating ducts increases efficiency, lowers your energy bills, and can often pay for itself in energy savings. Plus, if you're planning to install new heating and cooling equipment, a well-designed and sealed duct system may allow you to downsize to a smaller, less costly heating and cooling system that will provide better dehumidification.

#### Protect the Environment

When power plants burn fossil fuels to make electricity, they release greenhouse gases. By sealing ductwork and using less energy at home, you can help reduce these emissions and fight global warming.



### **COMMON DUCT**

## PROBLEMS&SOLUTIONS



### **PROBLEMS:**

- A. Leaky, torn, and disconnected ducts
- B. Poorly sealed registers and grills
- C. Leaks at furnace and filter slot
- D. Kinks in flexible ductwork restricting airflow



### **SOLUTIONS:**

- E. Properly sealed ducts
- F. Registers and grills tightly sealed to ducts
- G. Sealed furnace and filter slot
- H. Well-insulated ducts in unfinished areas.
- I. Straightened flexible ducts with improved airflow

### SIMPLE STEPS TO IMPROVING DUCT PERFORMANCE

Because ducts are often concealed in walls, ceiling, attics, and basements, repairing them can be difficult. But there are things that you can do to improve duct performance in your house. Start by sealing air leaks using mastic sealant or metal tape and insulating all the ducts that you can access. Never use duct tape, as it is not long-lasting. Also, make sure that the connections at vents and registers are well-sealed where they meet the floors, walls, and ceiling. These are common locations to find leaks and disconnected ductwork.

#### **KNOW YOUR DUCTS**

In houses with forced-air heating and cooling systems, ducts are used to distribute conditioned air throughout the house. But in typical houses, about 20% of the air that moves through the duct system is lost due to leaks, holes, and poorly connected ducts. The result is higher utility bills and difficulty keeping the house comfortable, no matter how the thermostat is set. Some signs that your home may have leaky, poorly insulated, or inefficient ducts:

- you have high summer and winter utility bills;
- you have rooms that are difficult to heat and cool;
- you have stuffy rooms that never seem to feel comfortable;
- your ducts are located in an attic, unfinished basement, crawlspace, or the garage;
- you find tangled or kinked flexible ducts in your system.